**WUAP World Championships 2020**

**Miskolc / Hungary**

**Powerlifting, deadlift, benchpress RAW&EQ**

**Date: 11-17. 10. 2020.** (Sunday-Saturday)

**Venue:** DVTK STADION 3533 Miskolc, Andrássy Gyula u. 61. - Hungary

**Organizer:** WUAP; Hungarian Professional Powerlifting League

**Meet-director:** Mészáros László +36-30-437-0809

**Weigh-in**

**10.10.2020. – Saturday** 12.00 – 14:00 & 16:00 – 20:00 all competitors Sunday

**11.10.2020. – Sunday**  07:00 – 08:00 all competitors Sunday

 10:00 – 12:00 & 16:00 – 19:00 all competitors Monday

**12.10.2020. – Monday** 07:00 – 08:00 all competitors Monday

 10:00 – 12:00 & 16:00 – 19:00 all competitors Thusday

**13.10.2020. – Thusday** 07:00 – 08:00 all competitors Thusday

 10:00 – 12:00 &16:00 – 19:00 all competitors Wednesday

**14.10.2020. – Wednesday** 07:00 – 08:00 all competitors Wednesday

 10:00 – 12:00 & 16:00 – 19:00 all competitors Thursday

**15.10.2020. – Thursday** 07:00 – 08:00 all competitors Thursday

 10:00 – 12:00 & 16:00 – 19:00 all competitors Friday

**16.10.2020. – Friday** 07:00 – 08:00 all competitors Friday

 10:00 – 12:00 & 16:00 – 19:00 all competitors Saturday

**17.10.2020. – Saturday** 07:00 – 08:00 all competitors Saturday

**Lifting schedule:**

**Opening ceremony – Sunday – 9.30**

**Start - 10:00 every day**

**11. 10. 2020. – Sunday -** Powerlifting RAW – Men – Teens, Juniors
**12. 10. 2020. – Monday -** Powerlifting RAW – Men - Masters
**13. 10. 2020. – Thusday** - Powerlifting RAW – all Women - & - Men - Open, Submasters
**14. 10. 2020. – Wednesday** - Powerlifting EQ & Deadlift EQ – all Women & all Men
**15. 10. 2020. – Thursday** - Deadlift RAW – all Women & all Men & Benchpress RAW Men - Teens, Juniors
**16**. **10. 2020.** **Friday** - Benchpress RAW – Women all & Men - Masters
**17. 10. 2020. - Saturday** - Benchpress RAW – Men - Open, Submasters & Benchpress EQ – all Women & all Men

**Daily times and schedule will be posted after the closing date – September 25. Depending on the number of entrants, a change is possible in the course of the competition day on Tuesday and Wednesday !!!**

**Rules: The championship will be conducted using the WUAP Rules 2020.**

**Rulebook:** [**www.wuap-powerlifting.com**](http://www.wuap-powerlifting.com)

**Categories: all WUAP weight- and age-categories – Women – Men - RAW – EQ**

**Teens:** 16-17; 18-19 year **Junior:** 20-23 year **Open:** 24-39 year (16-80+)

**Submasters:** 35-39 year **Masters:** 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+ year

**Women:** 48, 52, 56, 60, 67,5, 75, 82,5, 90, 90+ kg**; Men:** 56, 60, 67,5, 75, 82,5, 90, 100, 110, 125, 140, 140+ kg

**Disciplines: RAW & Equipped – Powerlifting, Benchpress, Deadlift**

**Entry fees:**
First event: 70 € Open & Masters; 50 € Teens & Junior
Additional event: 50 €/event 40 €/event

**Deadline for the entryform and fees:** **25. September** **2020.**

**After 25. September no late entrys will be accepted!**

**The list of competitors can only be posted after the closing date.**

**All lifters must pay their entry fees to their national federation. The national federation is responsible for submitting the team list and team payment by the closing date. All entry fees must be paid in Euro for this event.**

**Team lists to be emailed to** **hungarianpowerliftingcongress@gmail.com**

**Bank details (for the national federations):**

**Bank: Takarékbank Zrt.**

**Adress of the bank**: H-9200 Mosonmagyaróvár, Palánk u. 8.

**SWIFT:** TAKBHUHB  **IBAN:** HU82 5950 0155 5001 3667 0000 0000

**Owner:** Hungarian Powerlifting Congress 7

**Owner’s adress:** H-9200 Mosonmagyaróvár, Kálnoki u. 11.

**Web-page:** [**www.powerlifting.hu**](http://www.powerlifting.hu)[**www.wuap-2020.hu**](http://www.wuap-2020.hu)

[**https://www.facebook.com/events/604778746963304/**](https://www.facebook.com/events/604778746963304/)

 **WUAP World Championship Hungary Miskolc 2020**

**Visas – Accomodation - Transfer:** [**www.wuap-2020.hu**](http://www.wuap-2020.hu)

 **See You in Miskolc!**